

How to recharge in Sweden

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Since the birth of our daughter, we spend our summers in Sweden, just like I used to, when I was little. This not only allows her to get more practice in Swedish then she gets talking with just me or her grandmother, but we also get to really recharge our batteries in the fabulous wilderness up there. Here are a few of the components needed for such an efficient charger:

For instance, you can just step out and collect some of these



Until you have enough of them, maybe like this



Then you get all the leaves and stuff out



and put them all into a box



Then, every morning, you can put some of those into your Swedish [filmjölk](#) before you add your cereal:



Or, of course, you can bake a blueberry pie (which was eaten before I could take a picture of it).

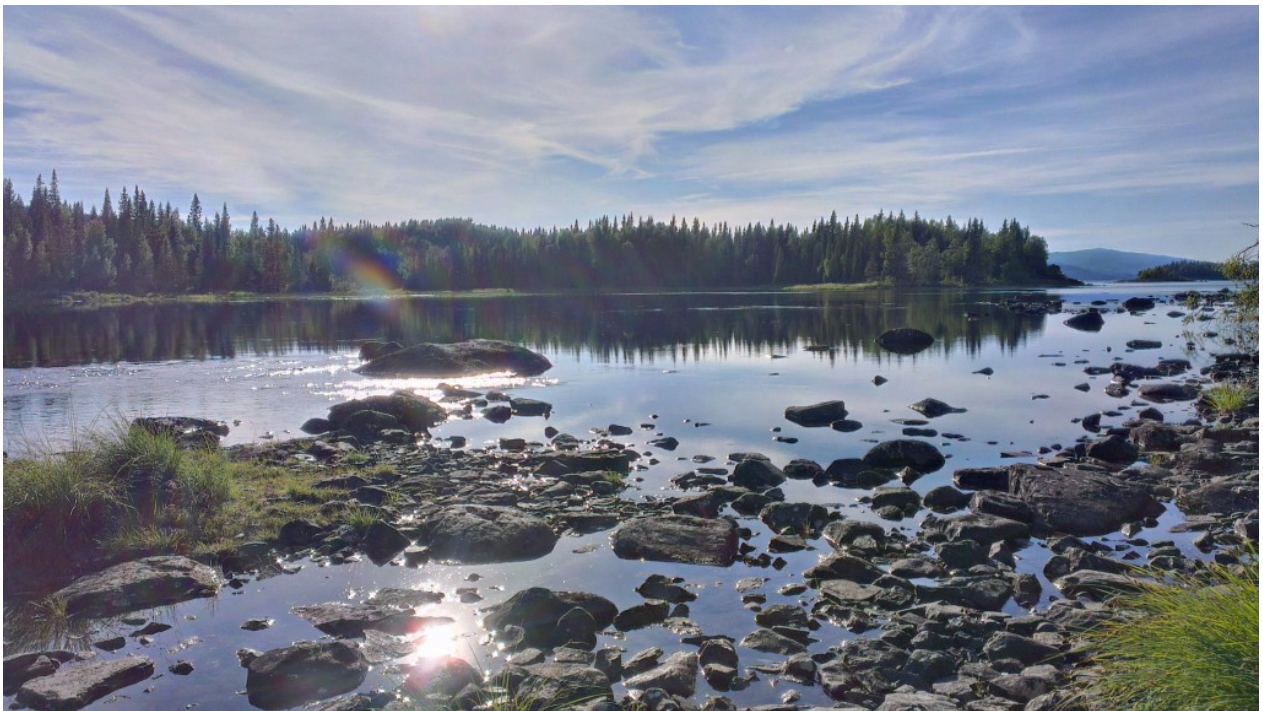
As the wilderness begins right at your doorstep (at least [where we were](#)), you can take a few steps and discover some of these



and then fry them right away:



Another thing you can do is go hiking to beautiful places such as these







Or you can take a boat and enjoy some of the many lakes there



As you can see, there's plenty of water, so you can do some behavioral experiments using mockups mimicking insects and prey-fish and perhaps trigger the predatory response in some of these



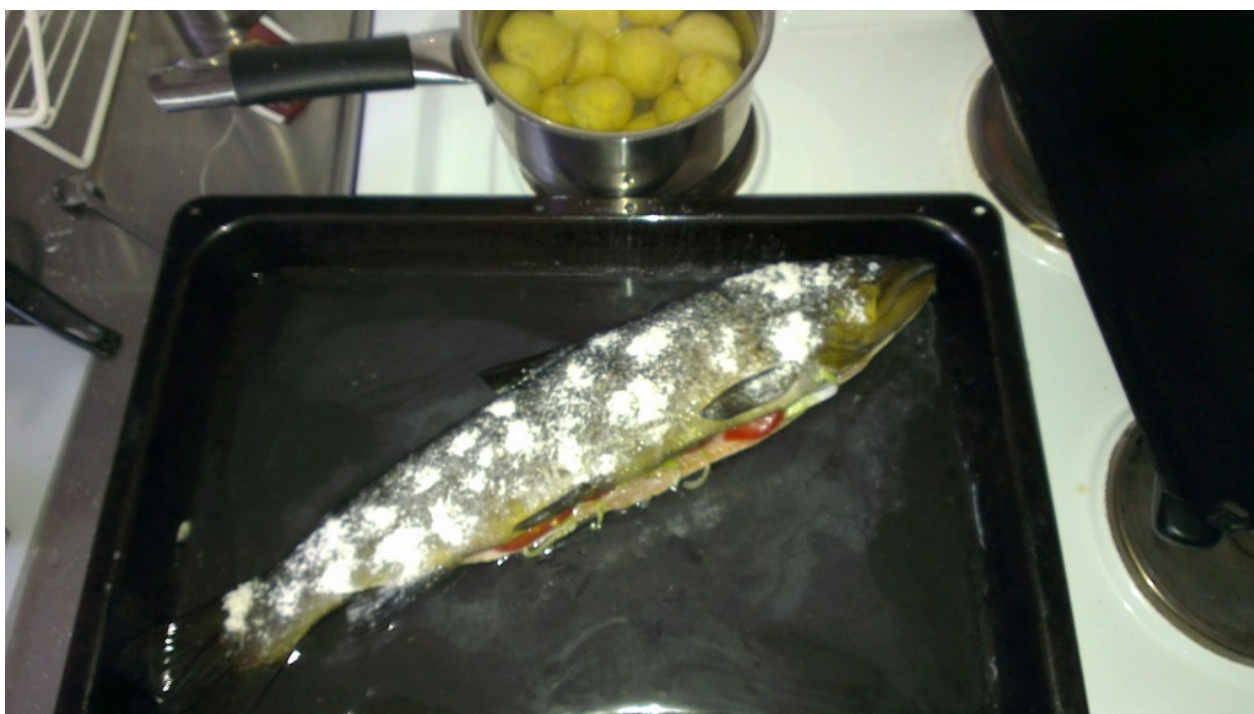
which one can easily turn into this



or some larger specimens such as this one



which can quickly evolve in to these different forms





I hope you can image how sad it is to leave this place, but also how rested and recharged we all feel now.